

Grade Level Introduction: Middle School PE, Health, & Bible 2019-2020



Teacher Contact Information

Mr. Brandon Jones (PE / Health / Bible)
Western Connecticut University - BA Sociology
K-8 Teaching Certificate – University of Phoenix
State Certified, ACSI Certified
Years Teaching - 19 yrs. / CCS - 17 yrs.
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Grade Level Description

Bible

In Bible, students are challenged to grow in their relationship with Christ each year. Early on students study the life of Christ and His unstoppable love for mankind. By studying Proverbs they learn about wisdom and how to apply that wisdom in their daily life. In their study of the Book of Acts they gain knowledge about the working of the Holy Spirit in the early church and the Holy Spirit's role in their lives today. Students also develop the spiritual discipline of time alone with God. It is here that students learn to recognize God's voice and choose to follow His will for their lives.

Health

The health curriculum is filled with an exciting buffet of topics including individual studies of each body system, nutrition, bullying, peer pressure, smoking, eating disorders, ADHD, autism, prescription and OTC drugs, alcohol, CPR/first aid, body art, health careers, human reproduction, and a Biblical study on abstinence. Learning comes from the curriculum as well as guest speakers, designing PowerPoint presentations, writing essays, interactive learning groups, journaling, labs, videos, and performing research in our computer labs. One of the main purposes of this class is to encourage students to make lifelong healthy decisions.

Physical Education

In middle school, PE stands for Physical Effort as well as Physical Education. Students are pushed to do their best in all activities regardless of physical abilities. An important ingredient in doing your best is enjoying the challenge, and our students enjoy PE. Some of the activities in which they execute their skills are flag football, basketball, hockey, tennis, softball, golf, soccer, archery, Battlefield, dodgeball, and Capture the Flag in the Desert. In addition, student

participate in a physical fitness test twice a year to monitor their physical conditioning.

Grade Level Resources

Health

Fusion – The Human Body / HMH Company
Human Body Systems and Health / Holt, Rinehart, and Winston
Total Health / Susan Boe, Purposeful Design

8th Bible

Stomping Out the Darkness by Neil T. Anderson
Experiencing God by Henry & Richard Blackaby
WWJD
Twice Pardoned

Special Events & Field Trips

The 8th grade archery field trip to Precision Shooting Equipment (PSE) takes place in the spring.

Grade Level Weighting

PE

| | |
|--------------------|------------|
| Christ-likeness | 30% |
| Effort | 60% |
| <u>Preparation</u> | <u>10%</u> |
| Total | 100% |

Bible

| | |
|-----------------|------------|
| Journal | 30% |
| Test | 50% |
| <u>Workbook</u> | <u>20%</u> |
| Total | 100% |

Health

| | |
|---------------|------------|
| Homework | 10% |
| Journal | 25% |
| Presentations | 25% |
| <u>Tests</u> | <u>40%</u> |
| Total | 100% |

MS Report Card Weighting

| <u>Subject</u> | <u>Weight</u> |
|-------------------|---------------|
| Bible | 1.0 |
| Math | 1.0 |
| Language Arts | 1.0 |
| Science | 1.0 |
| History | 1.0 |
| PE | 0.6 |
| Health | 0.4 |
| Discovery Classes | 0.4 |